

# LUNCH at THE BLACK HORSE at IRELAND

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## STARTERS / LIGHTER DISHES

✓ **Fresh Soup of the Day - £4.95**  
with warm crusty bread

✓ **Chestnut Mushrooms and Fettuccine- £6.95**  
mushrooms cooked in Worcester sauce and crème fraiche

**Terrine of Bedfordshire Brawn - £6.95**  
served with a confit of shallots with port, Lilliput capers and cornichons

✓ **Roasted Red Pepper Tart - £7.95 / £10.95**  
served warm with marinated goats cheese, garnished with baby coriander and pea shoots dressed in lemon oil

✓ **Grilled Halloumi Cheese - £6.95 - £9.95**  
served on polenta with mascarpone and chives, oven roasted vine tomatoes and a black mustard seed dressing

**Poached Loch Duhart Salmon - £7.95**  
flakes of salmon served on creamy scrambled free range eggs with local smoked bacon,  
served with a lemon hollandaise on lightly toasted crumpets

**Mussels of the Day - £7.95 / £10.95**  
Scottish rope grown mussels cooked in the Sauce of the Day, served with toasted baguette

**The Black Horse Meat Platter Board: - £12.95**  
potted ham, salt beef, smoked duck, haslet, pickled red cabbage, mustard pickles, sweet roasted peppers served with warm bread rolls

## SANDWICHES - from £6.95

**Thick slice of Baker's bread served open style with your choice from a daily selection of toppings**  
All served with fresh salad and fries

## MAINS

**Chef's Pie of The Day - £9.95**  
topped with suet crust, served with seasonal vegetables and a choice of potatoes

**Home Cooked Ham Glazed with Orange and Stout - £11.95**  
hand carved and served with free range fried eggs, triple cooked chips, air dried tomato and garden peas

**Fresh Fillet of White Fish - £12.95**  
in ale and herb batter, served with triple cooked chips, garden peas and homemade tartare sauce

**Fresh Salmon Croquettes - £11.95**  
served with braised leeks and chestnut mushrooms, roasted vine cherry tomatoes, chargrilled lemon and a tarragon beurre blanc

✓ **Mushroom and Ale Pie - £9.95**  
with a suet crust, served with Savoy cabbage, roasted parsnips and carrots in honey

**Pan Fried Pork, Apple and Cider Sausages - £9.95**  
served on buttered mash with roasted onions and broccoli florets and a red wine jus

**Homemade Steak Burger - £10.95**  
topped with Cheddar, bacon and roasted vine tomatoes, served on a toasted bun,  
with iceberg lettuce and sliced gherkin, crispy fries and haystack battered onions

**Poached Smoked Haddock - £11.95**  
served with a soft poached free range egg, baby potatoes, wilted spinach and a Dijon sorrel sauce

✓ **Cashew and Chickpea Curry - £9.95**  
with steamed lime jasmine rice scented with cardamom and homemade roti bread

## SIDE ORDERS - All at £3.00

- Fresh Garden salad
- Triple cooked chips
- Steamed broccoli, chilli butter and walnuts
- Buttered mash
- Fine beans with diced bacon
- Beetroot, red chard and orange salad

## GRIDDLE

**28 day hung British Steak** from **£19.95**  
**Free Range Pork Loin Steak** with sticky ginger marinade **£13.95**  
**Barnsley Lamb Chop** with English plum compote **£16.95**  
**Sea Bass** with sun dried tomato pesto one fillet **£12.95** two fillets **£17.95**

Griddle food served with a mixed leaf salad and orange dressing, or seasonal vegetables  
and a choice of triple cooked chips, baby potatoes or dauphinoise potatoes

**A Selection of Sauces are available - £1.95**

Blue Cheese • Peppercorn • Red wine • Mushroom

**A selection of freshly made Desserts available - £6.95**

**British Cheese and Biscuits etc. - from £7.95**

✓ = Suitable for vegetarians

Our chefs are happy to cater for additional requests and individual vegetarian/dietary requirements. For parties of 8 or more a 10% gratuity will be added which will be distributed equally to all staff on duty. There are no G.M. products knowingly used in this menu.  
Please note some of our dishes may contain nuts.