

# LUNCH at THE BLACK HORSE at IRELAND

Tel No. 01462 811398 Fax No. 01462 817238 www.blackhorseireland.com

## LIGHTER DISHES

✓ **Fresh Soup of the Day** with chargrilled bread - **£4.95**

**Potted Crab** with lime and mint jelly and croutons - **£6.95**

**Salt Beef Hash** with poached free range egg and Dijon mustard mayonnaise - **£6.95 / £9.95**

✓ **Oven Roasted Flat Mushroom** with grilled red peppers and herb halloumi Cheese - **£6.95**

**Smoked Pork Terrine** with rye bread crisps, green peppercorn and apple compote - **£5.95**

✓ **Crumbled Goats Cheese Salad** with dried cranberries and toasted sunflower seeds - **£5.95 / £8.95**

**Steamed Mussels** with garlic, white wine and cream sauce - **£7.95 / £9.95**

✓ **Mediterranean Vegetable Tart** - **£6.95**

with herb cheese sauce and baby leaves drizzled in white balsamic dressing

**The Taste of Ireland Mezze Board:-** - **£8.95**

Hand carved ham, black and white pudding, champ potato salad, pickled Irish Sea Herrings and toasted soda bread

## CIABATTAS – £5.95

All served with fresh salad and hand cut fries. **Select from today's choice of fillings**

## MAINS

**Suet Crusted Pie of the Day** with choice of potatoes and seasonal vegetables - **£8.95**

**Fresh Fish of the Day** in ale batter with hand cut chips and mushy peas and homemade tartare sauce - **£9.95**

**Salmon Fishcakes** with poached free range egg, wilted pousse, sauté new potatoes and herb hollandaise - **£8.95**

**Pan Fried Lambs Liver** - **£10.95**

on braised baby gems, smoked bacon, pomme puree and crispy onions and a red wine jus

**Chicken Kiev** - **£10.95**

chicken, served with buttered baby potatoes, seasonal Bedfordshire vegetables

**Free Range Pork, Apple and Sage Sausages** - **£8.95**

with spring onion and herb mash, steamed broccoli and red wine and onion gravy

**Burger Platter:** - **£9.95**

8oz Scottish Beef Pattie, toasted bun, salsa, triple cooked chips, mature Cheddar and dill pickles

✓ **Stone baked Pizza** - **£8.95**

with artichoke, mushrooms, sun blushed tomatoes, feta cheese, rocket with toasted hazelnut dressing

✓ **Spicy Vegetarian Mezze Board:** - **£8.95**

bean chilli with sour cream cheese, hummus with warm chilli oil, cumin spiced guacamole, crispy tortillas and flat breads

## SIDE ORDERS – All at £2.50

Bowl of hand cut chips      Seasonal market vegetables      Dressed green salad

## GRIDDLE

**Free Range Chicken Breast** with herb butter sauce **£11.95**

**Pork Loin Chop** with apple sauce **£11.95**

**31 day hung 8oz Rib Eye Steak** with béarnaise sauce **£16.95**

**Fillets of Sea Bass** with lemon and thyme **£14.95**

**Escalope of Sea Trout** with lime **£14.95**

Griddle food served with fresh vegetables or salad and choice of hand cut chips or sauté potatoes

**A selection of freshly made Desserts available at £5.95**

**British and Continental Cheese and Biscuits** - from **£6.95**

✓ = Suitable for vegetarians

Our chefs are happy to cater for additional requests and individual vegetarian/dietary requirements.  
For parties of 8 or more a 10% gratuity will be added which will be distributed equally to all staff on duty.  
There are no G.M. products knowingly used in this menu. Please note some of our dishes may contain nuts.